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MAGAZINE

The Ultimate O Interview



Prettier Skin, Without a Doctor's Visit

The past year has given us some effective at-home laser hair-removal options (we've seen impressive results from the Silk'n SensEpil, \$499, and the Tria Laser Hair Removal System, \$595)—but hair-free legs are just the beginning. "In the not too distant future, lasers and intense pulsed light machines that remove pigment, soften lines, and treat acne will be sitting on bathroom counters next to our toothbrushes," says Tina Alster, MD, clinical professor of dermatology at Georgetown University Medical Center in Washington, D.C. First up: An at-home skin-resurfacing laser will be available for purchase in doctors' offices next year. The device pinpoints small areas of skin with every treatment to gradually improve discoloration and fine lines.