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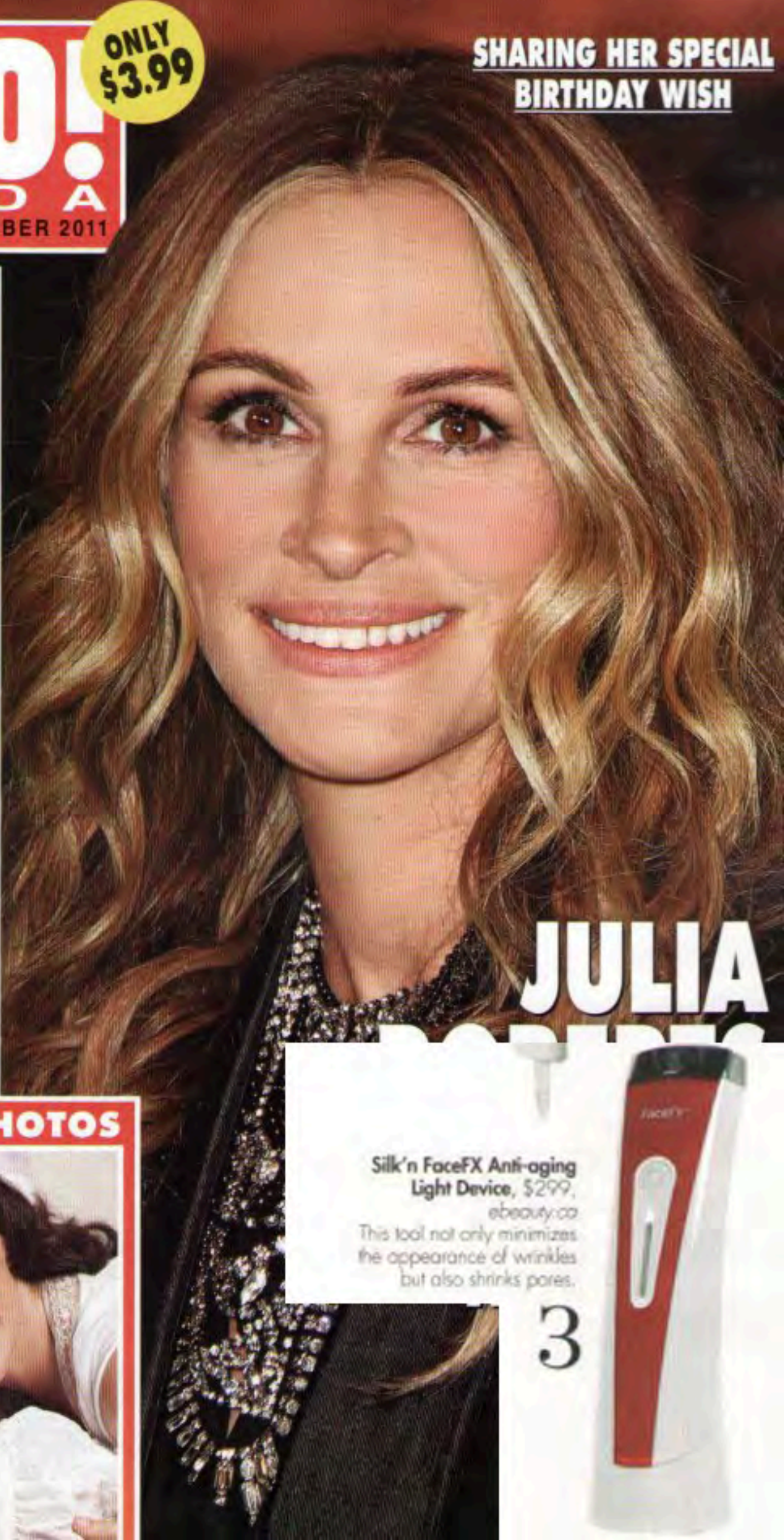
THE QUEEN DAZZLES IN AUSTRALIA



**EXCLUSIVE
JOHNNY
DEPP**
'My life with
Vanessa is
beautiful
and poetic'

MAGICAL FIRST PHOTOS

**KRISTIN
DAVIS**
THE RADIANT
SEX AND THE
CITY STAR
INTRODUCES
BABY GEMMA



JULIA ROBERTS

Silk'n FaceFX Anti-aging
Light Device, \$299,
ebeauty.ca
This tool not only minimizes
the appearance of wrinkles
but also shrinks pores.

3

Madonna



BEAUTY

GO GO GADGET!

Julia Seidl tracks down the best DIY tools for home treatments

Frequent trips to the dermatologist and cosmetic dentist are all in a day's work for any A-list celebrity who depends on a flawless appearance to get their job done. But today, some in-office treatments have at-home counterparts that generate winning effects. You don't need to have your doctor on speed-dial anymore. Think electric facials – both Madonna and Kate Winslet swear by them – and laser hair removal. New over-the-counter tools produce similar results in the comfort of your own home and come with a one-time-only cost.

If keeping wrinkles at bay is of prime importance, LED light therapy is an effective way to boost collagen production. New hand-held devices combine several types of LEDs – including red, amber and infrared –

that penetrate the skin to improve texture and diminish fine lines. You can also boost the look of your skin by giving yourself a electric facial with a miniaturized at-home version of the same machine used in medical spas. What may sound like science fiction is actually a series of low-level micro-currents used to stimulate facial muscles – think of the currents as personal trainers for facial muscle fibres.

And you can banish pimples on the spot with portable but powerful blemish-fighting tools that are designed to clear bumps in 24 hours. Devices like the Tanda Zap use a combination of light, heat and sonic vibration without pain or irritation. It happens to be pocket-sized, too, which makes it easy to tote in a purse in case of sudden breakouts.

You needn't book an appointment to brighten your pearly whites, either. At-home teeth whitening devices are growing in popularity and just like their skin-care counterparts, they rely on light – blue light to be exact – paired with a small dose of hydrogen peroxide to get teeth up to eight shades brighter.

And finally, even unwanted hair can be removed at home. Using the same diode laser technology as your dermatologist (albeit not as high-powered), DIY hair removal lasers deliver permanent results for a fraction of the cost of professional treatments. But just like a dermatologist's laser, the at-home variety has a better success rate with a darker follicle. Quite simply, it works best on brown or black hair. **M**

1
LightStim for Wrinkles, \$249, the Shopping Channel, lightstim.com
Eliminate fine lines with the power of LED light therapy.



2
Tria Hair Removal Laser, \$395, Tria Beauty, triabeauty.com
Permanent hair removal can be yours thanks to Tria's at-home laser.



Silk'n FaceFX Anti-aging Light Device, \$299, ebeauty.ca
This tool not only minimizes the appearance of wrinkles but also shrinks pores.



3

GLO Brilliant Personal Teeth Whitening Device, \$290, Sephora, gloscience.com
Brightening toothpastes not up to snuff? Sink your teeth into Glo's home whitening system.



5

Tanda Zap, \$49, Shoppers Drug Mart, tandazap.com
Zap zits in a flash with Tanda's new on-the-go device to fight acne.



4

Suzanne Somers FaceMaster Platinum, \$229, facemaster.com
From the guru behind the ThighMaster, harnesses the power of microcurrents to smooth wrinkles.

6

